



SOAR: PATHWAY TO WELLNESS NEWSLETTER

QUALITY IMPROVEMENT WORKSHOP #2

Thank you all for another successful Quality Improvement Workshop! It was great seeing everyone in the same room again (even if it was through video). Despite a few technical difficulties, we were able to open up the discussion with some of the successes and challenges people are facing with their PDSAs. A lot of teams took advantage of the breakout sessions to discuss ways to measure the success of their PDSAs. We are looking forward to seeing you in February for the final Workshop! You can find more details on that below.



MEET RILEY



Riley is a new Research Assistant on the SOAR program. He is in his first year of the Bachelor of Health Sciences program at Western University and intends to complete an honors specialization in health promotion, a minor in first nations studies, and a minor in community development.

Riley has previously worked for Niagara Region Public Health with the youth engagement team. Also, he assisted on a study funded by The Beryl Institute focused on patient experience at the Walker Family Cancer Centre. In his spare time Riley enjoys being with his family and eating his grandma's food.



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PDSA SPOTLIGHT ONEIDA & SOAHAC



Since the start of the SOAR Program the Oneida and SOAHAC QI team have been working collaboratively on several QI initiatives and PDSA cycles. This includes PDSAs on team meetings, resource sharing, and training sessions (e.g., diabetes basics and traditional teachings) that have led to improved collaboration and communication between Oneida Health Centre and SOAHAC staff as well as enhanced staff knowledge of diabetes and traditional teachings.

The team has also been working closely together on new initiatives with clients with diabetes, including involving clients in helping develop a Diabetes Welcome Kit as well as a Diabetes Sharing Circle. Most recently, the team started a 30-Day Sugar-Free November with clients and the broader community which has shown some early success improving awareness of hidden sugars in foods. Overall the team has seen success with many of their initiatives, with plans for continuing to adapt and revise their initiatives and visions for new ones to come.



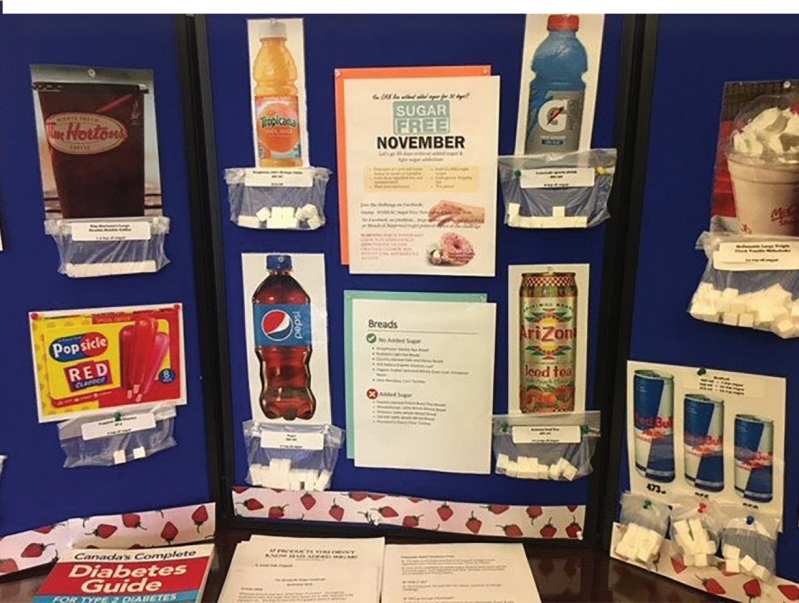
QI Workshop #3 February 27th & 28th, 2019

The next QI Workshop will be held again over a video link on February 27th & 28th, 2019. More details will be sent out closer to the date.



Western University Holiday Closures

The University will be closing for the holidays on Saturday, December 22, 2018 at 6:30 p.m. through to 6:30 a.m. on Thursday, January 3, 2019.



Don't Forget to Share Your PDSAs!



Connect4QI.ca



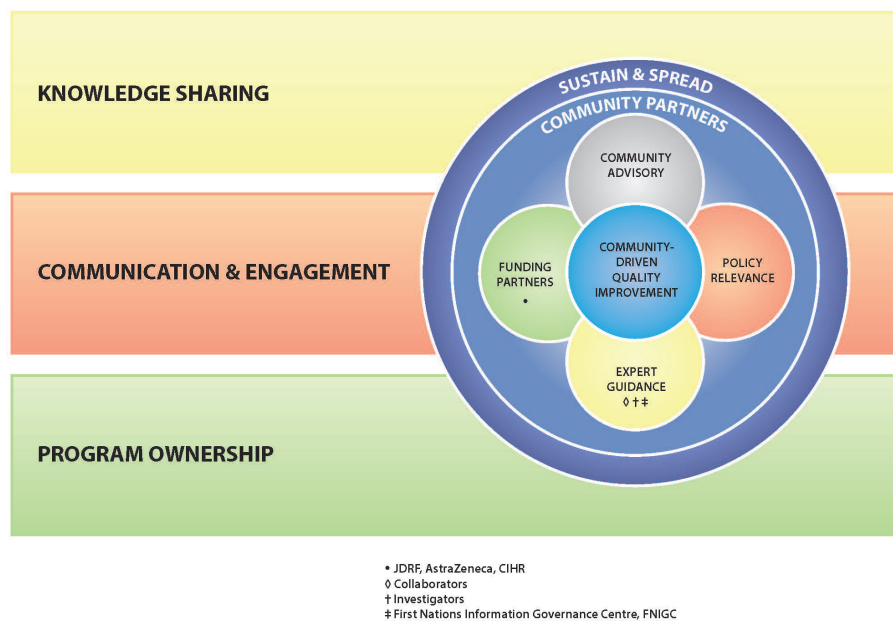
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Governance Structure

We have revamped the Governance Structure Diagram based on some earlier feedback we received to better reflect the SOAR Program. Please see the original Governance Structure (top) and our new design (bottom).

Please send your feedback to Meghan, including any changes you would like to see!

Previous Governance Structure



New Governance Structure



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► SOAR Website

www.uwo.ca/diabetesalliance/indigenous/soar

► Connect4QI Forum

www.connect4QI.ca